

Suggested Interview Questions for Dr. Katie Brazelton

Co-author of *Character Makeover: 40 Days with a Life Coach to Create the Best You*

- Americans are fascinated with makeovers—from their bodies to their homes and their wardrobes! Explain to our listeners what a “character makeover” looks like.
- Where did you get the concept of a character makeover? Is it a new idea?
- As a life coach, how do you see a character makeover fitting into a woman’s overall life purpose?
- You mention that character-building can pull down strongholds. What types of strongholds do you specifically encounter when coaching women?
- You’ve chosen eight specific character traits to highlight in your new book, *Character Makeover*. Why these eight, and does one stand out from the rest?
- I like how this book as designed as a 40-journey alongside a life coach. I’d love to have you coach me for 40 days! How does this work in book form?
- I see plenty of books and programs that promise to create the best “me.” Will a character makeover really deliver on that promise?

Guest: Dr. Katie Brazelton, author and founder of Life Purpose Coaching Centers, International®

Book title: *Character Makeover: 40 Days with a Life Coach to Create the Best You*

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Website: www.lifepurposecoachingcenters.com