

Interview Questions for Jennie Allen, author of *Restless: Because You Were Made for More*

*I want you to dare to believe that God has a vision for how you are to spend your life.
Because finding and accomplishing this vision is quite possibly the greatest
responsibility we have as a generation, second only to knowing and loving God.
--Jennie Allen*

- As you talk with women around the country, you've noticed a sense of restlessness -- which inspired the writing of your new book. How would you describe that restlessness?
 - Restlessness can be a sign that I'm unwilling to accept my life's realities. How is restlessness also a force for good?
 - What do you suggest as a first step for the woman who feels restless and eager to follow God? What did you do all those years ago as a mom of young children who felt restless, with a dream of something more?
 - You love drawing upon Biblical characters for inspiration in your books and Bible studies. In *Restless*, you uncover hope and encouragement from the life of Joseph (in the book of Genesis). What connections can we make from Joseph's life, and his dreams, to ours?
 - Talk about the necessity of separating identity from performance as we begin to dream. Why does this matter so much?
 - Your book is immensely practical. Explain to our audience the concept of "threads" that are woven through every life. You say they may appear to be random, but they are the clues to the purpose and dreams that God has uniquely crafted for each of us.
 - Why do you think it's important for women to share the process of sorting out the threads of their lives? Can others see where God is working in our lives when we can't?
 - You write that your husband is the "main earthly voice" you listen to. How can a spouse help or hinder a woman's ability to follow the dreams God gives her?
 - Speak to the woman right now who believes dreaming may be good for other people but not for her – she's too average, too normal, too unqualified to have a calling. What do you say to her?
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Guest: Jennie Allen – MA, Biblical Studies (www.JennieAllen.com)

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