

CRAZY BUSY

A (MERCIFULLY) SHORT BOOK ABOUT A (REALLY) BIG PROBLEM

Best-selling Author Kevin DeYoung Puts an End to “Busyness as Usual”

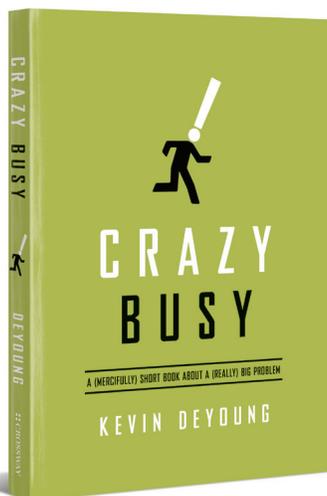
Wheaton, IL — *I’m SO busy!* We’ve all heard it; we’ve all said it. Sometimes being busy seems like the theme of our lives, and it’s overwhelming. Other times, telling people we’re busy makes it sound like we matter—like we are extra important. Either way, a crazy busy life isn’t what God intended when he sent his Son to give us life to the full.

In fact, this frenetic pace poses a serious threat to our physical, social, and even spiritual well-being. It runs us down and not only affects the people around us, but also makes it more difficult to hear from God. No doubt our issue is endemic—it’s a problem that must be solved.

Who better to write on busyness than a best-selling author, full-time senior pastor, circuit conference speaker, active board member, loving husband, and dedicated father of five?! It’s no wonder Kevin DeYoung knows how to break the “busyness as usual” mindset—he’s had years of experience being way too busy!

Kevin is a popular teacher and writer about whom **Rick Warren** said, “Everything Kevin writes is biblical, timely, and helpful,” and of whom **Tim Keller** remarked, “Kevin writes books that need to be written, and he writes them incredibly well.”

With his trademark humor and winsome candor, Kevin helps readers find a better way forward in his newest book, **Crazy Busy**. Offering ways to tackle your schedule, several suggestions to reclaim your sanity, and a lot of encouragement to remember your soul, **Crazy Busy** strikes the desperately needed balance between doing nothing and doing it all.



KEVIN DEYOUNG is the senior pastor of University Reformed Church in East Lansing, Michigan. He blogs at the Gospel Coalition and has authored or coauthored numerous well-known books such as *Just Do Something* and *The Hole in Our Holiness*. DeYoung’s book *Why We’re Not Emergent* (with Ted Kluck) won the 2009 *Christianity Today* Book Award in the Church/Pastoral Leadership category, and his follow-up title, *Why We Love the Church* (with Ted Kluck), won the 2010 *Christianity Today* Book Award as well as the *Leadership Journal* Golden Canon Book Award. Follow him on Twitter: @RevKevDeYoung.

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Crazy Busy: A (Mercifully) Short Book About a (Really) Big Problem by Kevin DeYoung