

Interview Questions for Dee Brestin, author of *Idol Lies: Facing the Truth about Our Deepest Desires*

Dee Brestin's two most popular books, *The Friendships of Women* and *Falling in Love with Jesus* (with Kathy Troccoli), have sold almost 1.5 million copies to date. Dee is a Bible teacher, writer, and speaker. Her weekly online Bible study (www.DeeBrestin.com) is one of the most active on the Internet. Her latest book, *Idol Lies*, helps women move past their deceptive idols to discover true fulfillment and unimaginable freedom

- What are heart idols? How did God help you begin to see your own idols?
- Explain what you mean when you write about attacking the root problem—recognizing three main categories of deep heart idols.
- You say that God uses a shocking metaphor to awaken us to our hidden heart idols – what is it?
- You say only some will be set free from their idols – who will and who will not?
- Is an idol cut out of someone's heart permanently or will it raise its ugly head again? Are there symptoms or signals you've learned to recognize?
- How does pain avoidance translate into idolatry?
- You quote Dr. Martin Lloyd Jones who was both a medical doctor and pastor about the reason so many believers struggle with depression – what did he say?
- You eloquently call Jesus “The Stonecutter” in *Idol Lies*. Can you tell us what this means -- and how your relationships are changing as a result of seeing Jesus in this way?
- You take issue with a “just say no” approach to right living. Explain what you have learned through your prison ministry experiences.
- What changes have you seen in the lives of the women who participated in the *Idol Lies* study as a pilot group?
- In addition to the extensive Bible study at the back of the book, there is also a video curriculum element – what makes this video facet unique?
- In summary, how do we turn away from our idols and back to Jesus?

Guest: Dee Brestin, author, Bible teacher and speaker (www.DeeBrestin.com)
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