

Missy Buchanan
Coauthor of *My Story, My Song*



Missy Buchanan is the author of *Living with Purpose in a Worn-Out Body*, *Talking with God in Old Age*, *Don't Write My Obituary Just Yet*, and *Aging Faithfully: 28 Days of Prayer* (all with Upper Room Books). She is a coauthor of ***My Story, My Song: Mother-Daughter Reflections on Life and Faith*** (April 2012, Upper Room Books) along with Lucimarian Roberts and Robin Roberts. She writes a monthly column, "Aging Well," for the *United Methodist Reporter* as well as another monthly column about aging and faith issues for www.ministrymatters.com.

Buchanan hosts "Aging and Faith with Missy Buchanan" on BlogTalk Radio. She has also written for many publications, including *Mature Years*, *Mature Living*, *Presbyterians Today*, *Christian Association Serving Adults Ministries*, *Entrepreneur*, the *Dallas Morning News*, and *Good Morning America's* spirituality page. In December 2010, she appeared on *Good Morning America* with Robin Roberts and Roberts' 86-year-old mother in a segment about aging and faith (visit www.missybuchanan.com for a link to the interview). Buchanan has also appeared on numerous Christian television and radio shows.

A sought-after speaker on topics of older adult ministry and spiritual creativity, Buchanan brings passion and humor to many events for churches, organizations, and women's groups.

A native Texan and former creativity educator, Buchanan loves spending time with her family, including her husband, Barry; their three grown children and spouses; and two grandchildren. Buchanan and her husband reside in Rockwall, Texas.

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by Lucimarian Roberts, as told to Missy Buchanan, with reflections from Robin Roberts
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