

Suggested Interview Questions for Susie Larson Author of *Fully Alive*

"We're going to pursue wholeness – and we're going to pray for a miracle."
--Susie Larson

- You say *Fully Alive* is a book you never planned to write. Why so?
 - How did your most recent health struggle lead to a deeper theology of healing and miracles? What does that look like today?
 - You write that "what happens in our souls happens in our cells." What does that mean to you?
 - Our culture is addicted to treating symptoms – for physical problems as well as emotional and mental. How does that affect the quality of our lives?
 - Your journey toward wholeness, over the last two years, has included your mind, body and spirit. What do you say to those who believe God is more concerned with souls than bodies?
 - *Fully Alive* is designed as a ten-week journey requiring not only scripture searching but soul searching. Do you recommend women take this journey with a group or on their own?
 - Any journey toward wholeness will surface issues from the past, perhaps some traumatic events. What do you say to women who are afraid to face past hurts?
 - You are not only a veteran of radio but also a veteran in the fitness industry. How has God used both careers to help you understand his love and offer of healing?
 - Talk to our audience about how fear had affected your already challenged health. What helped you conquer a seemingly irrational fear?
 - Rest is increasingly difficult to prioritize in American culture. Does resting sometimes require initiative and planning?
 - It is much easier for most of us to address our physical pain than our emotional pain. Why do you recommend that women take time to grieve their losses?
 - Does science support the concept of "renewing our minds" which scripture encourages? What tools have you found for replacing old messages/lies with truth and hope?
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Guest: Susie Larson – media personality, author, speaker (www.SusieLarson.com)

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**For interviews with Susie Larson, contact:
Pamela McClure, pamela@mmpublicrelations.com**