

# Just in Case You Ever Feel Alone

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Hardback Picture Book

\$19.99

February 27, 2024

## Just in Case You Ever Feel Alone Pastor Max Lucado Addresses Growing Childhood Loneliness in New Picture Book

Nashville, TN, (December 2023) - According to recent statistics, 61 percent of Americans report often feeling lonely, up seven percent from the 54 percent that was reported in 2018. Another international study showed approximately 7.1 percent of the population reports feeling lonely most or all of the time, up from 6 percent in 2020. And, one study published by the National Institutes of Health concluded that 80 percent of those under the age of 18 are lonely. The fact of the matter is this: Loneliness is a universally felt emotion that doesn't discriminate. It starts young...and it is growing.

Pastor and bestselling author **Max Lucado** addresses the loneliness experienced by our littlest loved ones in his new full-color picture book, *Just in Case You Ever Feel Alone* (Tommy Nelson, Feb. 27, 2024). **Lucado** shows how to comfort children, allowing them to realize that despite whatever they are going through, God will always be there.

Loneliness is a complex feeling that young children might be unable to comprehend. Through his kind and assuring words, in combination with beautiful illustrations by Eve Tharlet, **Lucado** assures young readers they are always cherished, their parents or caregivers are always there, and most importantly that God is always with them.

“If I seem too busy, just tell me. I’ll make the time to chat.  
No question is too big or small. You can count on me for that.  
And you know what? Even though I’m by your side, sitting right next to you,  
Can you guess what’s even better? God is right here too!”

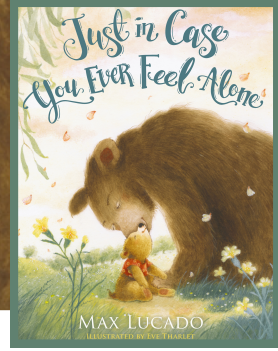
One of **Lucado’s** central messages to the hurting, the lonely, and the discouraged has always been: God loves you; let him. As pastor of Oak Hills Church in San Antonio for more than three decades, he has seen God’s children (of all ages) struggle with loneliness.

In *Just in Case You Ever Feel Alone*, **Lucado** highlights the promise that God is always by a child’s side. Despite feelings of solitude, confusion, exhaustion, or even as a result of having a sad day, *Just In Case You Ever Feel Alone* shows in verse and visuals—God is just a prayer away.

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**Max Lucado**



A follow-up to his bestselling children’s book, *Just in Case You Ever Wonder*, *Just in Case You Ever Feel Alone* assures kids:

- ▶ They always have someone to turn to, someone to talk to, and someone who will love them no matter what;
- ▶ Their feelings of loneliness and uncertainty are normal and understood by their parents, caregivers and God;
- ▶ God is near, is available to help them through every emotion, and they can tell him anything.

“Loneliness can affect anyone,” says **Max Lucado**. “It can profoundly affect young children, just like it affects people nearer my age. We all need to be reminded that we are stronger than we think because God is closer than we can imagine.”

## About Max Lucado

**Max Lucado** is known for combining poetic storytelling and homespun humor with the heart of a pastor. His trade books all begin as sermon series at Oak Hills Church, and his sermons all start with **Max** asking himself this question: “What can I say on Sunday that will still matter on Monday?” He’s been dubbed “America’s Pastor” by *Christianity Today*, “The Best Preacher in America” by *Reader’s Digest*, and the “Ted Lasso of Pastors” by the *Dallas Morning News*. **Max Lucado** has penned more than 40 works of adult nonfiction, standing alongside dozens and dozens of bestselling children’s books, gift books, Bible studies, commentaries, and collections. His books have been published in 56 languages worldwide and regularly appear on bestseller lists, including *The New York Times*, *Publishers Weekly*, and *USA Today*. He has more than 150 million products in print published in 56 languages worldwide. Learn more at [MaxLucado.com](http://MaxLucado.com).

**Tommy Nelson®** is the children’s division of Thomas Nelson. As a leading provider of Christian content, Tommy Nelson publishes a wide variety of high-quality, enjoyable products that are consistent with the teachings found in the Bible. Tommy Nelson’s award winning products are designed to expand children’s imaginations and nurture their faith while inspiring them to develop a personal relationship with Jesus. For more information, visit [www.tommynelson.com](http://www.tommynelson.com).

Sources:  
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## Max Lucado

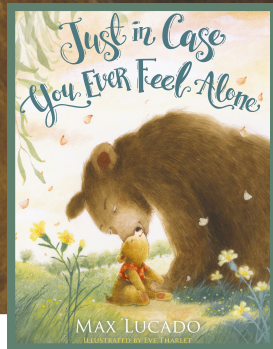
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## Interview Questions

When God came to earth, he ensured our salvation, he ensured grace, he ensured hope, and he ensured something else—that we would never be lonely again. We cannot avoid loneliness. It is common to every human experience. But in Christ, God is always near.

-Max Lucado

- ▶ The book is geared toward young children (although it's an appropriate topic for kids of all ages as well as adults!). As a father and grandfather, how do you handle conversations about loneliness when kids are little, and why is it important to talk about the issue early on?
- ▶ How have you seen the closeness of God in your own life? In the lives of your grown daughters? In your grandchildren?
- ▶ Loneliness is a tough emotion for anyone, no matter their age. What advice do you have for people who might be struggling with loneliness as adults, while simultaneously trying to help the kids in their lives?
- ▶ What kinds of changes do you think kids and adults can make to feel less lonely?
- ▶ How do we know that God is still with us even when we feel alone? How can we feel closer to him when we experience loneliness?
- ▶ Some statistics point to loneliness being on the rise. How do we reverse that trend?
- ▶ What prayers do you suggest for kids (big and small) when they experience loneliness?
- ▶ A couple of years past the height of the pandemic, many people are still struggling with feeling lonely. How can people find a sense of togetherness and community again?
- ▶ Of the various stories in the Bible that touch on loneliness, do you have one that you go back to often? Who is a good example of someone who learned how to experience God's closeness during a lonely season?



**GUEST:** Max Lucado

**BOOK:** *Just in Case You Ever Feel Alone*

**AVAILABLE:** February 27, 2024

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